

Great Questions

to ask yourself daily...

HOW CAN I MAKE TODAY BETTER THAN YESTERDAY?

WHAT CAN I DO TO SMILE A LOT TODAY?

WHAT AM I GRATEFUL FOR?

HOW CAN I HONOR MY BODY TODAY

WHAT IS GREAT ABOUT THIS?

HOW CAN I BE MY BEST SELF TODAY?

WHAT CAN I DO TO LOVE MYSELF TODAY?

HOW DO I WANT TO FEEL TODAY?

WHAT IS GREAT ABOUT MY KIDS? PARENTS? SPOUSE?

HOW IS THIS SITUATION PERFECT FOR ME?

HOW CAN I ACCOMPLISH MY TO DO LIST AND HAVE FUN AT THE SAME TIME?

WHAT MAKES THAT PERSON SO UNIQUE?

HOW CAN I CREATE MORE JOY IN MY LIFE TODAY?

HOW CAN I BE AN EXAMPLE TO OTHERS TODAY?

HOW CAN I USE MY STRENGTHS TO LIFT AND HELP OTHERS?

WHAT MAKES ME UNIQUE AND SPECIAL?

WHAT IS MY SUPERPOWER?

WHY IS BEING DIFFERENT AND "PECULIAR" AMAZING?

HOW CAN I BE A LIGHT TODAY?

WHAT CAN I DO TO EMULATE THE SAVIOR TODAY?

HOW WILL I EXPAND MY TALENTS TODAY?